

Class Schedule

(Effective 1/12/09)

	MON	TUE	WED	THU	FRI	SAT
Little Stars (age 4-6)		4:15-4:45		4:15-4:45	4:30-5:00	10:00-10:30
White-Orange (age 7-12)		4:45-5:30	5:30-6:15	6:15-7:00		10:30-11:15
Purple-Green (age 7-12)	4:45-5:30	6:15-7:00		5:30-6:15		11:15-12:00
Blue-Brown (age 7-12)		5:30-6:15	6:15-7:00	4:45-5:30		11:15-12:00
Red-Black (age 7-12)	5:30-6:30		4:30-5:30		5:00-6:00	12:00-1:00
Wushu A-Team (age 7-12)					5:00-6:30	12:00-1:30
White-Purple (age 13+)	8:30-9:30		7:45-8:45	6:45-7:45	7:15-8:15	1:15-2:15
Green-Brown (age 13+)	7:15-8:15	8:30-9:30	8:30-9:30		7:15-8:15	2:45-3:45
Red-Black (age 13+)	7:15-8:45	6:45-8:15		7:30-9:00	7:15-8:15	3:30-5:00
Wushu A-Team (age 13+)		6:45-8:45		7:30-9:30		
Wushu B-Team						2:00-3:00
Long Weapons					8:00-9:00	
Special Forms					8:45-9:30	
Leadership Training						4:45-6:00
Adult Wushu Fitness	6:30 – 7:15 pm		7:00 – 7:45 pm		6:30 – 7:15 pm	9:15 – 10:00 am

Classroom Policies:

1. Please call ahead of time to schedule your first free trial class. **Important:** Parent must accompany students under age 18 for the first trial. **2.** Schedule subject to change without notice **3.** Outside shoes or clothing are prohibited **4.** School may be closed on all national holidays. See our calendar in the lobby or online. **5.** Use your own weapons / equipments **6.** No food and drink allowed in the workout area **7.** CWA reserves the right to refuse instruction to uncooperative students / guardians **8.** Arrive 5 minutes early for your scheduled class and check-in with your ID card.

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